



Physician FOCUS

News for South County Health Medical Staff

January 2017

A CONVERSATION WITH DR. TINA RIZACK



Dr. Tina Rizack, MD, MPH

In January 2017, Tina Rizack, MD, MPH, joined South County Oncology/Hematology, providing patient care at the South County Health Cancer Center. Since graduating from Emory University School of Medicine, Dr. Rizack has gained extensive experience in the field of women's oncology and will help reinforce the quality of cancer-related services offered here at South County Hospital.

Q: What influenced you to pursue the study of oncology?

A: I worked at a clinic for children with cancer when I graduated from college and continued volunteering at a summer camp for children with cancer in Georgia for many years. I lost my father to cancer after residency and it all came full circle that oncology was where I should be.

Q: Where has your career path taken you prior to joining the South County Medical Group?

A: After graduating from residency, I worked as a hospitalist for a few years before going back to do a fellowship in hematology and oncology. I worked at Women & Infants for six years and wanted to work at an independent hospital where I could bring what I had learned in oncology care to the community.

Q: What attracted you to join the South County Medical Group oncology/hematology practice?

A: Dr. Colvin was my attending as a fellow and our paths crossed again when our children started going to school together. I came and met him and Dr. Smythe and realized that this would be a great place to work.

Q: How does an 'interdisciplinary' approach to patient care affect outcomes?

A: Cancer care is complex and becoming more so. It takes a coordinated team to take care of these patients both with active therapy and through survivorship. The more specialized care becomes, an interdisciplinary team of experts is needed to give patient the best outcomes possible.

Q: Is there an area within oncology to which you bring particular expertise?

A: Since fellowship I have focused on the care of women with cancer and hematological issues. I have been privileged to serve on the planning committee and lecture at the National Consortium of Breast Centers for six years. My ultra-specialty is hematology/oncology issues in pregnancy for which I have published several articles and book chapters.

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Lou's Health Wave



PEER REVIEW



South County Hospital has a long-standing, hard-won, and well-deserved reputation for delivering safe and high quality medical care. To a great degree this reputation derives from the direct interaction of medical staff members with their patients. However, from a

quality perspective, our bedside interaction is the tip of the proverbial iceberg.

Underlying any true, high quality medical staff is a robust system for ensuring that each physician, nurse practitioner or physician assistant maintains his or her performance year after year. That system, historically known as peer review, is the foundation of safety and quality care. Peer review, though essential to our professional well-being, remains somewhat of a black box for many. We are not taught about the process in training and for many of us the first interaction with peer review comes from our involvement in a case with a suboptimal outcome. Not surprisingly, the concept of peer review has a negative connotation. This is unfortunate. In reality, peer review is a perpetual, systemic,

and comprehensive process for collecting, analyzing and interpreting data on provider performance, by, and in comparison to their peers. When well organized and robust, peer review is a powerful ally to the physician.

For starters, the data collected as part of peer review is protected, with limitations, from discovery in legal cases. This creates an opportunity for honest and uninhibited self-assessment. The process provides essential feedback on our performance across a variety of areas, including patient care, medical knowledge, communication, interpersonal skills and professionalism. This information is invaluable for self-evaluation and is a vital source of objective data for re-credentialing. Therefore, what has historically been called peer review is probably better characterized by the term Ongoing Physician Professional Evaluation or OPPE. Regardless of the name, analyzing and critiquing the performance of colleagues, particularly in a small institution like ours, is a challenging proposition.

In order to be effective, the process must be administered in a manner that ensures transparency, consistency, fairness, accuracy and efficiency. It must instill

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Physician Focus is a publication for the medical staff of South County Health. Questions or comments should be directed to [Martha Murphy](#) at 401 788-1606 or [Eric Dickervitz](#) at 401 788-1137.

MEDICAL STAFF OFFICERS

Medical Staff President
Aaron Weisbord, MD
401 471-6440

aweisbord@southcountyhealth.org

Vice President
Sal Abbruzzese, Jr., DO
401 788-1590

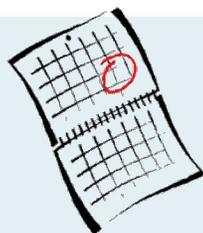
sabbruzzese@southcountyhealth.org



VIDEO OF THE MONTH



[Deb came home to South County for expert cancer care close to home.](#)



JANUARY 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	Tumor Board 3 7 a.m. – 8 a.m. Potter	4	5	6	7
8	9	Tumor Board 10 7 a.m. – 8 a.m. Potter Credentials Committee 7 a.m. – 9 a.m. Frost 1 Joint Conference Committee 6 p.m. – 8 p.m. Potter Community Lecture/Radon/ Dr. Colvin 6:30 – 8 p.m. M&WC Westerly	Bylaws 11 7 a.m. – 9 a.m. Med Staff Library M&M Noon – 1 p.m. Potter Conf. Room	Leadership 12 Council 7 a.m. – 9 a.m. Med Staff Library	13	14
15	16	Tumor Board 17 7 a.m. – 8 a.m. Potter Medical Executive Committee Meeting 7 a.m. – 9 a.m. Potter A	Dept. of 18 Medicine 7:15 a.m. – 9:15 a.m. Potter Conf. Room	Dept. of 19 Emergency Medicine 7:15 a.m. – 9:15 a.m. DI Conf. Room Community Lecture/ Nutrition-Cooking with Pulses 6:30 p.m. – 8 p.m. M&WC Westerly	Dept. of 20 Medicine 7:15 a.m. – 9:15 a.m. Potter Conf. Room	21
22	23	Tumor Board 24 7 a.m. – 8 a.m. Potter ICU Committee 7:15 – 8:15 a.m. Borda 2 Conference Room	IV Nurse Day 25 Community Lecture/ Advance Directives/ Dr. Corcoran 6:30 – 8 p.m. Potter	General Medical 26 Staff Meeting at Arturo Joe's 6:30 p.m.	Dept. of 27 Surgery 7 a.m. – 8 a.m. Potter	28
29	30	Tumor Board 31 7 a.m. – 8 a.m. Potter				

AN AMAZING YEAR OF CHALLENGES AND CHANGE



Russ Corcoran, MD

Traditionally at the end of the year and the beginning of the New Year, we all tend to look back at past events and look forward to the promise of the future. This has been an amazing year of change and I am sure that in the coming year we will be faced with challenges and choices that will affect South County Health and our physician community. We have been very lucky to have a dedicated and skilled staff providing care for patients in Washington County.

I would like to list some of the accomplishments and future plans of the South County Health community. All of the primary care practices in the South County Patient Centered Medical Community have continued their NCQA level III certification or recertified. This entails a great deal of work and dedication to quality care of their patients. We have established an inpatient Palliative Care Program in association with Hope Hospice and Palliative Care. They continue to provide care in our home health program and we are planning for an outpatient palliative care program in the future.

Dr. Lisa Rameaka, Elaine Desmarais RN and our leadership team have embraced High Reliability Organization principles and training. We are meeting on a daily basis for safety huddle in the ER-B. Training in HRO principles for medical staff and all staff will begin in January of this year. Please see the summary by Dr. Rameaka in this issue of Physician Focus. All of our medical staff need to be trained in order for this safety process to be successful. These principles are not just for hospital personnel but can be carried forward to your outpatient practices. I urge you to attend this training as soon as possible.

South County Medical Group has faced multiple challenges over the past year. We have been working on improving productivity, quality and retention of referrals. South County Health and South County Medical Group have formed partnerships with Integra and Rhode Island Primary Care Physicians Corporation. Integra is an ACO that has total covered lives of 65,000 members and on January 1 becomes a NexGen ACO to include the care of Medicare patients. This form of value-based care is the direction of medical care in the future.

South County Health has been the convener of the Health Equities Zone project. The focus of this project and our strategic plan is behavioral health. This project has numerous community organizations throughout Washington County working together to assess and improve access for patients in our community. South County Medical Group hired Dr. Richard Miller in June of 2016. He and his team have been working on the reorganization of our behavioral health practice to better serve the needs of our community.



This is just a glimpse of our accomplishments and plans for the future. I have been in this position for two years now and every day I am impressed with the quality and dedication of our nursing, administration, ancillary and physician staffs. They are the reasons that we are #1 in Press Ganey satisfaction. We can't predict the challenges of healthcare in the coming years, but we will face them with a dedicated and caring team of professionals. Thank you for your care of our patients.

Have a safe and happy New Year,
 Russ Corcoran, MD VPMA-CMO
rcorcoran@southcountyhealth.org

HAL'S CITGO EVENT ADDS \$3,625 TO CANCER CENTER FUND



Harold and Patti Thomas present a check to Gerald Colvin, DO, representing a portion of the proceeds they took in at their family-owned Hal's Garage and Auto Body on Tower Hill Rd. in Wakefield.

Harold and Patti Thomas of South Kingstown, owners of Hal's Garage and Auto Body on Tower Hill Road in Wakefield, delivered good tidings to South County Health, a result of their fundraising efforts during the month of October.

On Wednesday, December 14, the couple presented a check for \$3,625 to Gerald Colvin, DO, Medical Director of Oncology/Hematology.

The Thomas' pledged a portion of gas sales during the month of October to help support the Cancer Center

renovations. Ms. Thomas is a breast cancer survivor.

"People go through this," Mr. Thomas said of his family's experience battling cancer. "There is a need in this community. We wanted to do something for South Kingstown."

To donate to the Cancer Center or to explore other tax-deductible gifting opportunities, contact Claudia Swain, 401-788-1608 or e-mail cswain@southcountyhealth.org.

NEW PROVIDERS

WELCOME TO SOUTH COUNTY HEALTH

The following professionals have recently joined the medical staff at South County Health.

Tarig G. Fadl, MD

Dr. Tarig G. Fadl joined the South County Health Emergency Medicine/Urgent Care medical staff in December 2016. He is a graduate of the American University of the Caribbean School of Medicine and completed his residency in Internal Medicine at Brown University/Roger Williams Hospital. Before coming to South County Health, Dr. Fadl practiced medicine at St. Joseph Hospital in Providence, Dr. Soliman Fakeeh Hospital in Saudi Arabia, and at Urgent Care facilities in Arizona. He is board certified, and holds ACLS and BLS certifications.

Deanna Wright, APRN – Allied Health – Internal Medicine (Dr. Paul Barratt)

Deanna Lee Wright, NP-C, is a graduate of the University of Rhode Island where she earned her Master of Science in Nursing: Adult Gerontology Nurse Practitioner. Her experience includes work as a registered nurse and certified nursing assistant with the adult and geriatric population. Deanna will work with the South County Internal Medicine practice.

HIGH RELIABILITY ORGANIZATION TRAINING (HRO)



*Lisa Rameaka, MD,
Associate Chief
Medical Officer*

As you are all aware, South County Health has begun its journey toward becoming a High Reliability Organization (HRO). At the core of HROs are five key concepts, which we believe are essential for any improvement initiative to succeed:

1. Sensitivity to operations.

Preserving constant awareness, by leaders and staff, of the state of the systems and processes that affect patient care is key to noting risks and preventing them.

2. Reluctance to simplify.

Simple processes are good, but simplistic explanations for why things work or fail are risky. Avoiding overly simple explanations of failure (unqualified staff, inadequate training, communication failure, etc.) is essential in order to understand the true reasons patients are placed at risk.

3. Preoccupation with failure.

When near-misses occur, these are viewed as evidence of systems that should be improved to reduce potential harm to patients. Rather than viewing near-misses as proof that the system has effective safeguards, they are viewed as symptomatic of areas in need of more attention.

4. Deference to expertise.

If leaders and supervisors are not willing to listen and respond to the insights of staff who know how processes really work and the risks patients really face, you will not have a culture in which high reliability is possible.

5. Resilience.

Leaders and staff need to be trained and prepared to know how to respond when system failures do occur.

Applying high reliability concepts here at South County Health will not require a huge campaign or a major change in culture, since we are fortunate to already be in a system that highly values patient safety and quality of care. But it will require leaders at all levels to begin thinking about how the care we provide could become better.

HRO Training

The next big step for South County Health is to train all staff members (including medical staff) in HRO, so that everyone will understand the language and the culture that will be present as we move forward.

We are offering some dates in January and February for the Medical Staff to participate in this training. The trainings will be held from 5:30-7:00pm in Potter and dinner will be served.

You will be receiving an email from Claudia Chighine asking you to sign up for one of the following dates:

Thursday, January 12

Thursday, February 2

Wednesday, February 22

For more information about South County Health's HRO initiative, contact Lisa Rameaka, MD, Associate Chief Medical Officer at lrameaka@southcountyhealth.org.



A CONVERSATION WITH DR. TINA RIZACK

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Q: Is there an area of cancer treatment in which you hope to advance further?

A: I think survivorship is very important and should be part of the initial care plan. Lifestyle modifications, such as weight loss and exercise, can positively impact the risk of recurrence and should be incorporated into the overall care of oncology patients. In addition, the field of cancer in pregnancy, although rare, needs more focused attention on a national/international level.

Q: Over the years that you have studied cancer and treated patients, what commonalities have you found where people could have minimized their risk of getting cancer or increased their probability of beating cancer?

A: Exercise, exercise, exercise. Patients who are in better shape tolerate therapy better, and after treatment can decrease their risk of recurrence. It doesn't have to be extensive, just consistent.

Q: What are some of your other interests outside the scope of medicine?

A: My two young boys keep me busy, but I love to read, exercise, play tennis, travel and as an art history major in college, try to get out and see some art on a regular basis. Rhode Island is great for that.

Dr. Tina Rizack works with the South County Oncology/Hematology practice located in the Cancer Center. To contact her, call 401-783-6670 or e-mail trizack@southcountyhealth.org.

DR. WEISBORD: PEER REVIEW

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confidence within the medical staff, but also in patients, the administration, the board of trustees, as well as outside organizations such as the Department of Health and the Joint Commission. Each of these stakeholders must be able to determine, upon examination of our peer review process, that providers at South County Health are continually assessed and educated about their performance.

Over the past year, the medical staff leadership, led by Dr. Lisa Ramaeka, has been working diligently to review and update our peer review process. In the coming months, we plan to offer the medical staff an educational opportunity to learn more about peer review. I look forward to seeing you there.

Happy New Year!

Aaron Weisbord, MD
President, South County Health Medical Staff

Dr. Weisbord can be reached at South County Cardiology, 401-471-6440 or via e-mail: aweisbord@southcountyhealth.org.



CME OPPORTUNITIES

Internal Medicine for Primary Care: Endo/Geri/ID/Psych*(Refer to website above for Program Accreditation information)*

Atlantis Paradise Island Resort

Nassau, Bahamas

February 23 – 26, 2017

This four-day conference is intended for primary care physicians with general diversified practices and for PAs, NPs, and RNs involved in these medical areas.

Minimally Invasive Surgery Symposium*(33 CME credits including optional MOC Self-Assessment Credit)*

Encore at Wynn Las Vegas

February 28 – March 3, 2017

General Surgeons, Colorectal Surgeons and Bariatric Specialists

The 17th Annual Minimally Invasive Surgery Symposium (MISS) will offer lectures, surgical video presentations, and discussion and debate by world-renowned experts on advanced laparoscopic techniques for managing metabolic disorders, hernia, foregut and diseases of the colon.

Writing, Publishing, and Social Media for Healthcare Professionals*(Earn up to 23.00 AMA PRA Category 1 Credits™)*

Fairmont Copley Plaza Hotel, Boston, MA

March 30 – April 1, 2017

A special program for healthcare professionals who want to advance their communication skills or get published. This unique three-day course empowers physicians, healthcare executives, and other professionals to expand their visibility and influence in healthcare through traditional and new media. As an attendee, you will learn how to make the most of print, live, and online communication channels, and sharpen your ability to market yourself and your body of work.

OF INTEREST...

In his essay, [‘It Came From Norway To Take On A Medical Goliath’](#), John Henning Schumann, MD, looks at the Joint Commission’s competition.

In another of his works, John Henning Schumann, MD, prescribes a [‘secret weapon’ to good health](#): 30 minutes of activity a day.

DEPARTMENT CHIEFS

Anesthesiology

Henry Cabrera, MD

hcabrera@southcountyhealth.org**Diagnostic Imaging**

James Blechman, MD

jblechman@southcountyhealth.org**Emergency Medicine**

William Sabina, MD

wsabina@southcountyhealth.org**Medicine**

Stuart Demirs, MD

sdemirs@southcountyhealth.org**Family Medicine**

Dariusz Kostrzewa, MD

OB/GYN

Mary Christina Simpson, MD

msimpson@southcountyhealth.org**Pathology/Laboratory**

James Carlsten, MD

jcarlsten@southcountyhealth.org**Pediatrics**

Roger Fazio, MD

rfazio@southcountyhealth.org**Orthopedic Surgery**

Michael Bradley, MD

mbradley@scortho.org**Surgery**

Arnold Sarazen, MD

asarazen@southcountyhealth.org

GOT AN IDEA?

Do you want to submit an idea or story for the next issue of *Physician Focus*? Contact [Martha Murphy](#) at 401 788-1606 or [Eric Dickervitz](#) at 401 788-1137.

Yield: 8 servings | Heart Healthy Recipe | Diabetes Recipe | Gluten Free Recipe



This mellow butternut squash soup is a great way to start off dinner, or warm up on a chilly night. Make it ahead of time and reheat before serving. This soup will become a favorite.

INGREDIENTS

- 2 Tbsp olive oil
- 2 large sweet onions, chopped
- 1 carrot, diced
- 2 celery stalks, diced
- 1 butternut squash peeled, seeded and chopped
- 1 tsp chopped fresh thyme
- 1 tsp ground nutmeg
- 1/2 tsp salt
- 1/2 tsp black pepper
- 4 cups reduced sodium chicken broth (gluten free if needed)
- 1/3 cup low fat Greek yogurt (gluten free if needed), optional
- 2 Tbsp roasted pumpkin seeds, optional

PREPARATION

In a large saucepan, heat the oil over medium-high heat until hot.

Add the onions and cook over medium heat for 10 minutes, or until softened.

Add the carrot, celery, butternut squash, thyme, nutmeg, salt and pepper and stir for 1 minute.

Add the chicken broth and bring to a boil.

Reduce heat and simmer for 30 minutes or until squash is tender. Remove from heat and let cool to room temperature.

Transfer mixture to a blender and puree until smooth.

Return to saucepan and reheat over low heat before serving. Serve with a dollop of Greek yogurt and sprinkle of pumpkin seeds, if desired.

View this and more Health eCooking recipes: [Butternut Squash Soup](#)

Recipe courtesy of <http://www.webhealthyrecipes.com>

NEW YORK, NEW YORK!



New York, New York. The Big Apple. The York. If you didn't make it to Times Square to watch the ball drop on New Year's Eve, fear not, winter is still a good time to visit NYC.

Made up of five boroughs, New York is one of the most linguistically diverse cities in the world, with as many as 800 languages spoken by its inhabitants. Among its attributes, 'the Capital of the World' is an international pacesetter in commerce, finance, media, art, fashion, research, technology, education, and entertainment.

Despite being known for its fast pace, the Big Apple doesn't require that you hit the ground running. In fact, there are many museums, art galleries, theaters, ice rinks, and of course, restaurants, to make spending a leisurely weekend in NYC completely doable.



ART MUSEUMS

The [Metropolitan Museum of Art](#) (The Met) is the largest art museum in the country and is among the most visited art museums in the world. Exhibits include works from ancient Egypt, classical antiquity, paintings and sculptures from European masters, as well as American and modern art. The main museum, Met Fifth Avenue, is located at 1000 Fifth Avenue.

[The Museum of Modern Art](#) is identified as one of the largest and most influential museums of modern art in

the world. Among the exhibits are works by Vincent van Gogh, Kazimir Malevich, Salvador Dali, Claude Monet, and Andy Warhol. MoMA is made up of two museums, one in Manhattan, at 11 West 53 Street, and the other at 22-25 Jackson Avenue on Long Island.



ICE SKATING

While visiting NYC, sharpen your blades and take a turn at one of the three ice rinks in central Manhattan. The [Rink at Rockefeller Center](#) is one of the city's most recognizable landmarks, set amid soaring skyscrapers and the golden statue of Prometheus. One of the largest outdoor rinks in the city is tucked away near the bottom of Central Park. The [Trump Wollman Skating Rink](#) is surrounded by rock formations and trees, offering a quieter and more subdued skate than the hustle and bustle of Rockefeller Center. Another option is the [Bank of America Winter Village Rink at Bryant Park](#). It is the city's easiest to get into (free) and is set within a winter marketplace where skaters can enjoy the nearby artisanal food stalls.

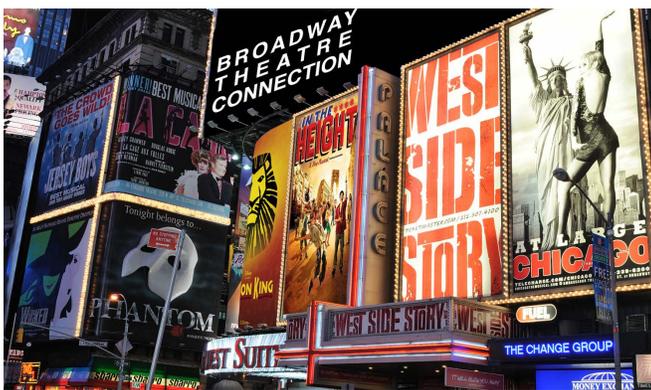
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DINING

Once the art viewing and skating are complete, you'll be ready to sit down and enjoy a great meal. Luckily, NYC [Restaurant Week](#) is held from January 18 through February 5, 2017, when many participants lower the prices, making delicacies on otherwise price-prohibitive menus more affordable. Prix-fixe menus start at \$25 for lunch and \$38 for dinner, featuring signature dishes of each outpost. [ABC Kitchen](#) (lunch only), [Little Park](#), and [French Louie](#) rank among the most sought-after reservations this year, while New York staples [Le Cirque](#), [The Water Club](#), and [Café Boulud](#) (lunch only) designed special menus for the occasion. Note: At some finer eateries, add-ons, beverages, gratuities and tax can quickly double the base rate.

Two additional restaurants not mentioned above, the [Stanton Social Club](#) and [Beauty & Essex](#), are owned by Bristol, RI native, Chris Santos. Chef Santos also appears as a judge on the Food Network's cooking competition show, "Chopped".



THEATER

With the money saved by dining during Restaurant Week, you may want to check out [Broadway Week](#) (through February 5) and [Off Broadway Week](#) (February 1–14) where you can snag 2-for-1 offers to many of the city's most popular shows.

OTHER ATTRACTIONS

Another prominent Manhattan landmark worth visiting is [St. Patrick's Cathedral](#). The Roman Catholic cathedral church is across the street from Rockefeller Plaza where the stained glass windows, impeccably carved altar, works of art and majestic pipe organs add awe-inspiring spirit to the edifice.



Turning tragedy into triumph, the [9/11 Memorial & Museum](#) honors the 2,977 victims and examines the event of global significance. The memorial, located at Ground Zero where the Twin Towers once stood, offers an historical exhibition that chronicles the day of September 11, 2001, as well as before and after 9/11. There is a memorial exhibition that commemorates the lives of those who died on September 11 and during the February 26, 1993 bombing of the World Trade Center.

GETTING THERE

Trains, planes, automobile and bus lines are all options for the approximate four-hour drive from Rhode Island to New York City. By train, [Amtrak](#) round-trip fares from Providence to Penn Station can run from \$100 on upwards, depending on day and time of travel.

If you do visit New York City, be sure to take plenty of photos of yourself having fun and send them to Eric in Marketing (edickervitz@southcountyhealth.org) so we can share your experience with your colleagues!

Here are a few of the FREE community lectures being presented by your colleagues!



Pulses! Delicious little superfoods with big health benefits

Jan. 19, 2017
6:30 – 8 p.m.
South County Health Medical & Wellness Center, Westerly

Pulses! Delicious little superfoods with big health benefits will be the topic of discussion and tasting as registered dietitians, **Jeri Menard** and **Bonnie Seekell** showcase the benefits of beans and legumes. The presentation will include healthy tips, free recipes, a cooking demonstration and tasting. RSVP at ext. 3869 or click [here](#).



Advance Directives: What they are and why you need them.

Jan. 25, 2017
6:30 – 8 p.m.
South County Hospital, Potter Conference Room

J. Russell Corcoran, MD, CMO, will explain the importance and purpose of having Advance Directives, including a Living Will, in place. RSVP at ext. 1647 or click [here](#).

Quit smoking for good.

Feb. 1, 2017
6:30 – 8 p.m.
Community presentation
North Kingstown Public Library
100 Boone Street, North Kingstown



Registered respiratory therapist, **Maggie Mann**, will provide an overview of the proven methods used in South County Health’s highly effective 8-week smoking cessation program, *Fit to Quit*. In this presentation, attendees will learn how education, nutrition, exercise, counseling and medical options can help kick the dependency on smoking. RSVP at ext. 1621 or click [here](#).

FEBRUARY is ...

HEART MONTH

- 12–18 Cardiac Rehabilitation Week
- 12–18 Cardiovascular Professionals Week
- 14–21 Alzheimer’s disease and Dementia Care Staff Education Week

MARCH is ...

COLORECTAL CANCER AWARENESS MONTH

KIDNEY MONTH

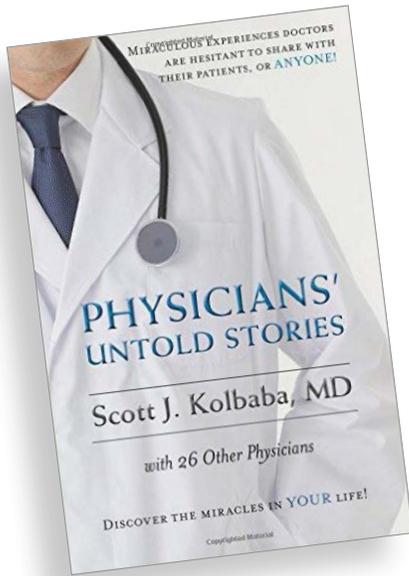
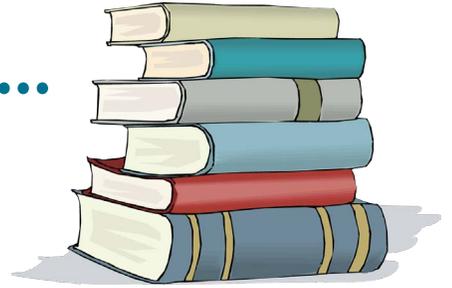
NUTRITION MONTH

- 12–18 Health Care HR Week
- 12–18 Patient Safety Awareness Week
- 12–18 Pulmonary Rehabilitation Week

- 8 Registered Dietitian Nutritionist Day
- 9 Kidney Day
- 24 Tuberculosis Day
- 28 Diabetes Association Alert Day
- 30 Doctors’ Day

If you are looking to connect with the community and cultivate new patients, contact Martha Murphy mmurphy@southcountyhealth.org / ext. 1606 or Eric Dickervitz edickervitz@southcountyhealth.org / ext. 1137 to set up an opportunity for you to speak on your areas of expertise in front of groups within the community, on the radio or television.

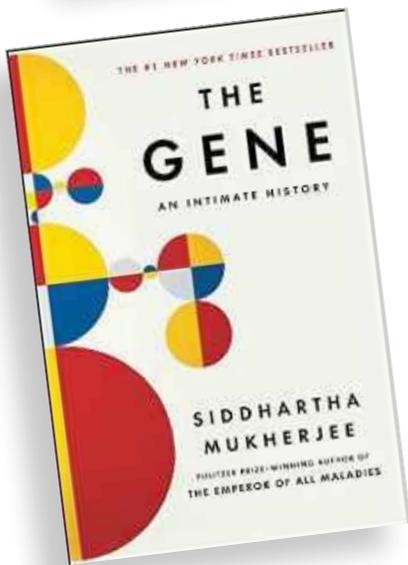
ON THE BOOKSHELF...



[Physicians' Untold Stories: Miraculous experiences doctors are hesitant to share with their patients, or ANYONE!](#)

by Scott J. Kolbaba, MD

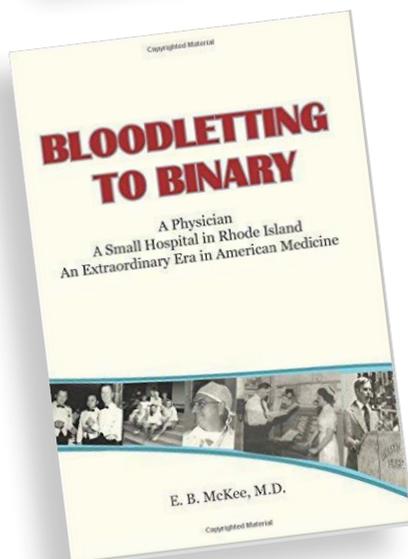
Doctors work in life-and-death situations every day. But what happens when they encounter something even they can't explain scientifically? Meant to awe, instruct, and inspire, these tales will convince even the harshest skeptic that there are things beyond this physical world and that sometimes, all we need to do is believe.



[The Gene: An Intimate History](#)

by Siddhartha Mukherjee

Siddhartha Mukherjee has written a biography of the gene as deft, brilliant, and illuminating as his extraordinarily successful biography of cancer. Weaving science, social history, and personal narrative to tell us the story of one of the most important conceptual breakthroughs of modern times, Mukherjee animates the quest to understand human heredity and its surprising influence on our lives, personalities, identities, fates, and choices.



[Bloodletting to Binary](#)

by E. B. McKee, MD

Retired South County Hospital physician, Eugene (Gene) B. McKee, MD, takes a sometimes humorous look at his past, providing recollections in this behind-the-scenes story of irascible colleagues; hospital dramas; and unforgettable patients, while offering a snapshot of a transformational period in American medicine. Vignettes capture South County Hospital's bare-bone beginnings: rudimentary X-ray capability, a borrowed EKG machine, and limited lab resources.